

Msc.	Nr	Nazwisko	Rok	Klub	Pływanie	T1	Bieg	T2	Rower	Finisz	K	M	Płeć
Pływanie 300 m.// Bieg 8 km.// Rower 16 km.													
1.	2	Jakub Krych	1982	POLART NUTRAXX TEAM	0:06:54 [9]	02:24(-5)	0:35:25 [2] (-1)	00:54 (-5)	0:36:26 [1] (-2)	1:22:05	1.		M
2.	1	Arkadiusz Świącicki	1978	Winter Swimming Team	0:06:25 [6]	02:19(-4)	0:35:17 [1] (+1)	01:07 (-4)	0:37:07 [2] (-1)	1:22:17	2.		M
3.	18	LESZEK ŚWITAL	1974	Morsy Margonin	0:06:02 [4]	04:16(+6)	0:38:56 [5] (+0)	00:39 (+6)	0:42:28 [12] (-7)	1:32:24	3.		M
4.	48	Ireneusz Kijak	1985	AlleSport	0:06:55 [10]	03:48(+3)	0:39:47 [9] (-1)	00:58 (+3)	0:40:56 [6] (-8)	1:32:26	4.		M
5.	19	Norbert Trudziński	1974	neosport.pl Tri Swiebodzin	0:07:30 [19]	03:49(-4)	0:41:05 [12] (-4)	00:25 (-4)	0:39:57 [3] (-5)	1:32:48	5.		M
6.	34	Piotr Starzyński	1979	HOMO LUDENS	0:08:28 [24]	06:08(+9)	0:36:42 [3] (-1)	00:34 (+9)	0:42:08 [9] (-25)	1:34:02	6.		M
7.	36	Jaroslaw Sosnowski	1980	PTT DELTA	0:05:04 [2]	04:32(+3)	0:41:21 [14] (+1)	00:49 (+3)	0:42:23 [11] (+2)	1:34:11	7.		M
8.	47	Lukasz Sikor	1985	Tatrzańska Grupa Krokasa,	0:07:32 [20]	03:10(-9)	0:42:40 [17] (-6)	01:03 (-9)	0:40:24 [4] (+3)	1:34:51	8.		M
9.	30	Damian Szarapanowski	1978	ULTRA DIABŁY TEAM	0:07:04 [12]	06:42(+16)	0:39:32 [8] (-3)	00:47 (+16)	0:40:48 [5] (-15)	1:34:55	9.		M
10.	3	Wojciech Sip	1977	Morsy Puszczy Noteckiej	0:08:40 [27]	05:37(+3)	0:37:15 [4] (+0)	01:55 (+3)	0:43:06 [15] (-21)	1:36:36	10.		M
11.	50	Krzysztof Chrzanowski	1987	Smaruj na Trening Team	0:07:02 [11]	03:41(+1)	0:40:00 [10] (+3)	01:56 (+1)	0:45:06 [24] (-6)	1:37:47	11.		M
12.	12	Marek Wikiera	1968	F3TEAM /	0:08:47 [30]	05:01(-1)	0:41:42 [16] (-6)	00:33 (-1)	0:43:22 [17] (-10)	1:39:27	12.		M
13.	31	Jacek Lech	1978	Ultra Diabły Team Lubrza	0:09:11 [32]	04:03(-7)	0:41:26 [15] (-3)	01:10 (-7)	0:43:36 [20] (-9)	1:39:29	13.		M
14.	22	Krzysztof Białecki	1975		0:07:15 [16]	02:43(-10)	0:39:31 [7] (+10)	00:38 (-10)	0:50:33 [36] (-2)	1:40:42	14.		M
15.	35	Tim Oldenburg	1980	UKS CITYZEN_BE3	0:06:48 [8]	06:40(+19)	0:39:27 [6] (+2)	01:22 (+19)	0:46:56 [28] (-15)	1:41:14	15.		M
16.	26	Marcin Walczak-Kurek	1977	Zgierzolaki	0:09:18 [34]	03:11(-16)	0:40:15 [11] (+5)	00:45 (-16)	0:47:57 [31] (-7)	1:41:29	16.		M
17.	37	Szymon Frącek	1981		0:08:40 [26]	06:23(+10)	0:43:17 [19] (-12)	02:14 (+10)	0:41:16 [7] (-11)	1:41:53	17.		M
18.	7	Kinga Korin	1983	Silesia Winter Swimming	0:05:59 [3]	01:27(-2)	0:47:00 [29] (+3)	00:43 (-2)	0:47:18 [30] (+14)	1:42:29	1.		K
19.	39	Dariusz Izidor	1982		0:09:35 [38]	03:43(-12)	0:45:17 [27] (-6)	01:07 (-12)	0:43:16 [16] (+1)	1:43:01	18.		M
20.	4	Dawid Prałat	1978	PZU SPORT TEAM	0:07:29 [18]	05:44(+6)	0:46:18 [28] (-10)	01:34 (+6)	0:42:01 [8] (+6)	1:43:08	19.		M
21.	53	Mateusz Winięcki	1989	Łódź Running Team	0:07:07 [13]	03:05(-4)	0:47:06 [30] (+1)	00:52 (-4)	0:45:18 [25] (+12)	1:43:30	20.		M
22.	25	Adam Hołoga	1977	Lion Group	0:06:15 [5]	03:03(-2)	0:48:56 [33] (-2)	01:08 (-2)	0:44:10 [22] (+21)	1:43:34	21.		M
23.	38	Karol Tumialis	1982		0:07:09 [14]	06:02(+9)	0:47:20 [31] (-8)	00:52 (+9)	0:42:14 [10] (+8)	1:43:37	22.		M
24.	20	Rafał Jackowicz	1975	TMTeam	0:09:25 [35]	05:51(+3)	0:44:07 [20] (-3)	00:52 (+3)	0:43:29 [18] (-10)	1:43:46	23.		M
25.	17	TOMASZ SMOLEŃ	1973	TMTEAM	0:08:13 [23]	07:01(+14)	0:44:11 [21] (-1)	00:49 (+14)	0:44:05 [21] (-8)	1:44:21	24.		M
26.	28	Michał Daniecki	1978		0:12:02 [41]	00:44(-21)	0:44:45 [24] (+4)	00:50 (-21)	0:46:13 [26] (+3)	1:44:36	25.		M
27.	8	Wojciech Golonka	1978	Tubes International Sp z o.o.	0:07:11 [15]	05:32(+4)	0:48:27 [32] (-6)	00:32 (+4)	0:43:00 [14] (+14)	1:44:43	26.		M
28.	16	Arkadiusz Wybranowski	1971	MorsyRzeczne	0:08:06 [21]	04:44(+0)	0:44:35 [23] (+5)	01:11 (+0)	0:46:19 [27] (+1)	1:44:56	27.		M
29.	13	Damian Wójcik	1970	Triathlon Darłowo	0:08:42 [28]	05:51(+4)	0:41:06 [13] (+8)	02:33 (+4)	0:47:05 [29] (-12)	1:45:19	28.		M
30.	15	Mariusz Lebioda	1971	Silesia Winter Swimming	0:06:26 [7]	03:37(+0)	0:45:07 [26] (+11)	01:03 (+0)	0:49:14 [34] (+11)	1:45:29	29.		M
31.	49	Szymon Biedny	1985		0:05:02 [1]	05:09(+7)	0:50:34 [35] (-1)	00:49 (+7)	0:44:42 [23] (+24)	1:46:17	30.		M
32.	21	Rafał Dadej	1975	Piaskiem w raka	0:09:17 [33]	08:25(+7)	0:45:02 [25] (-2)	00:42 (+7)	0:42:59 [13] (-6)	1:46:27	31.		M
33.	46	PAWEŁ ROKITA	1984	SKYLOCK	0:08:07 [22]	06:12(+9)	0:49:28 [34] (-2)	00:46 (+9)	0:43:33 [19] (+5)	1:48:08	32.		M
34.	45	Piotr Młynarczyk	1984		0:09:33 [37]	06:17(+2)	0:42:44 [18] (+6)	01:49 (+2)	0:50:38 [37] (-13)	1:51:03	33.		M

Msc.	Nr	Nazwisko	Rok	Klub	Pływanie	T1	Bieg	T2	Rower	Finisz	K	M	Płeć
35.	42	Martyna Jakubska	1983	Silesia Winter Swimming	0:10:55 [40]	00:00(-26)	0:44:11 [22] (+18)	00:48 (-26)	0:55:29 [40] (+3)	1:51:24	2.		K
36.	43	maciej szyszka	1984		0:08:43 [29]	04:22(-7)	0:50:45 [36] (+0)	00:45 (-7)	0:48:04 [32] (+15)	1:52:41	34.		M
37.	40	Monika Mazurkiewicz	1982		0:07:21 [17]	05:00(+0)	0:51:01 [37] (+0)	01:18 (+0)	0:52:33 [39] (+18)	1:57:15	3.		K
38.	11	Paweł Krupa	1967	wyberz	0:09:39 [39]	05:06(-5)	0:54:22 [38] (-1)	01:37 (-5)	0:48:45 [33] (+4)	1:59:30	35.		M
39.	51	Marcin Jarzemski	1987	Bydgoszcz Triathlon Team	0:08:29 [25]	06:20(+10)	0:54:22 [39] (+1)	00:37 (+10)	0:50:25 [35] (+4)	2:00:15	36.		M
40.	33	Wojciech Ignatowicz	1978	Krio-faza Morsy Pruszków,	0:08:49 [31]	02:45(-15)	1:00:20 [40] (+0)	00:51 (-15)	0:51:51 [38] (+24)	2:04:38	37.		M
41.	29	Eliza Promińska-Goss	1978	RajSPORT Active	0:09:31 [36]	11:50(+5)	1:13:05 [41] (+0)	02:27 (+5)	1:10:12 [41] (+0)	2:47:06	4.		K

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